

Whiplash

You're waiting at a stoplight. The sound of screeching tires is followed by the harsh sound of metal hitting metal. Your car is suddenly being pushed forward!

You're being rear-ended!

In a split second, your body is pushed against your seat. Your head, isolated by your neck, delays its reaction.

Then, your body changes directions, moving forward to the limits of your seatbelt. (You *are* wearing your seatbelt aren't you!?!) Then your head is snapped backwards. But you can't stop it.

Even a minor fender bender can produce a whiplash injury. It may take a day or two, or sometimes months for symptoms to appear. Now what?

Get to **Sampson Chiropractic** for an examination! Pain pills won't heal inflamed tendons and ligaments. Muscle relaxers won't heal torn muscles. A cervical collar won't restore a graceful forward spinal curve.

Specific chiropractic spinal adjustments, because they can help restore proper motion and position of individual spinal bones, can better assure proper healing.

The longer you wait the more unseen damage there is and the longer it may take to recover. Drugs may temporarily reduce the pain, but they simply delay more effective chiropractic care. Call us here at **Sampson Chiropractic for your free consultation.**

Frequently Asked Questions:

Why do I have pain in my arms and hands?

Why did my headaches start more than a week after my accident?

Why do minor collisions cause so much trauma to the spine?