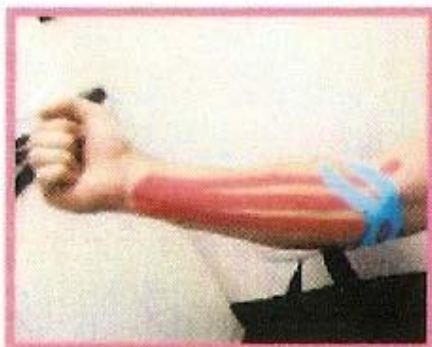


# KINESIO TAPING METHOD

Kinesio Tape is applied over muscles to reduce pain and inflammation, relax overused tired muscles, correct joint misalignment and to support muscles in movement 24 hours a day. Chiropractic and Kinesio Taping are used for anything from headaches to foot problems and everything in between.



- Carpal Tunnel Syndrome
- Lower Back Pain
- Knee Conditions
- Shoulder Conditions
- Plantar Fasciitis & Heel Spurs
- Rotator Cuff Injury
- Tennis Elbow
- Ankle Sprains
- Athletic Preventative Injury
- Muscular & Joint Support